COVID-19 Building Safety Plan - Resumption of Educational Activities

Friedman Building
2177 Wesbrook Mall, Vancouver, BC V6T 1Z3

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Introduction to Friedman Building Safety Plan

The Friedman building houses the Department of Physical Therapy and the School of Audiology and Speech Sciences and other occupant groups.

Following the directive to move to remote educational activities only in March, UBC is implementing a phased resumption of some limited on-campus educational activities from the beginning of July, adopting a gradual approach over the summer and fall months. On-campus educational activities will be limited to coursework which requires on-campus resources and has a practical or clinical component that cannot be taught remotely. As a reminder, and in keeping with public health guidelines, any course content that can be delivered remotely will be and the majority of our faculty and staff will need to continue working remotely, wherever possible.

At full occupancy, Friedman has faculty, staff and students spread over four floors. The planned resumption of some educational activities will limit the occupancy of the teaching and learning spaces well below full occupancy, in keeping with guidelines from WorkSafe BC.

This COVID-19 Building Safety Plan will provide assistance for faculty and staff who need to provide some face-to-face instruction to ensure students meet the learning goals of their courses. This plan will include a review of Friedman operational activities and directives to ensure effective controls are in place to prevent the infection from COVID-19. This document will be updated per government and/or University mandated requirements are changed. https://covid19.ubc.ca/

General Procedure:

The following general procedures align with guidelines set by the BCCDC to prevent the spread of COVID-19.

The prioritization guidelines of on-site activities is as follows:

- Clinical Skills Coursework for students set to graduate in 2020.
- Positions required to run clinical skills lab sessions.
- Student Clinical Placements/ PTRC Activities
- Clinical Skills Coursework for students set to graduate in 2021.
- Clinical Skills Coursework for students set to graduate in 2022.
- School of Audiology & Speech Research Assumption (Research Resumption Plan to be submitted separately to FoM Office of Research)
- Upcoming time sensitive activities that cannot be done remotely and require on-site access.
- Equity considerations for those that cannot work from home for various circumstances.
- Non-time sensitive activities that cannot be done remotely for limited access.

It is expected that all in-person sessions/administrative work at Friedman will satisfy the above priorities and that scheduling conflicts that arise will use the above as a guideline for resolution.
The building administrators have set occupancy limitations by room within the building (Appendix 1) to ensure there is adequate space to allow physical distancing.

All occupants of the Friedman building are expected to check-in/out using the Physical Therapy Clinic and School of Audiology and Speech Sciences online systems [PT: https://ubcphysioandresearchclinic.janeapp/checkin; SASS: https://audiospeech.ubc.ca/covid-check-in].

Faculty and staff self-compliance with the guidelines set out in this document is of the utmost importance. Additionally, each department is responsible for adhering to policies put in place by the Faculty of Medicine and UBC. Failure to adhere to these policies increases the risk of an outbreak in our community, and lack of compliance could ultimately lead to closure of the facility.

1. **Worker Screening: Before you come to work, monitor your health status.**

   *Faculty, staff and contractors who are on campus are now required to directly confirm to a supervisor (or designate) that they have completed a daily self-assessment for symptoms of COVID-19 on arrival at their workplace.*

   *Students taking part in face-to-face classes, or attending campus for other reasons, need to directly confirm to their instructor/UBC representative that they have completed a self-assessment for symptoms of COVID-19 before arriving at their class.*

   Please use the BC self-assessment tool at [https://bc.thrive.health/](https://bc.thrive.health/).

   Anyone experiencing symptoms should follow the guidance provided in the self-assessment tool. If you experience the onset of symptoms while in the building, all building occupants should don a mask immediately (if available and not already wearing one) excuse one’s self from participation in any activity, report this to their supervisor/instructor and complete self-assessment tool above.

2. **Getting to Work**

   Private methods of transportation are preferred – parking permits are available through [parking.ubc.ca](http://parking.ubc.ca). Where proximity allows, biking and walking may be good options. If you need to take transit, try your best to maintain physical distancing at all times and follow hygiene recommendations (hand washing, use of hand sanitizer etc.).

3. **Friedman Traffic Flow**

   - **Building Entrances**- Building entrances will remain locked 24/7. Users with programmed card access can enter the building via the North or South entrances using card scanners. For security reasons, do not to let others enter behind you.
• **Elevators**- Friedman elevators have been assigned a maximum occupancy of 2 and corresponding signage has been posted at elevator doors on all levels. Occupants are not to exceed these temporary occupancy ratings. Whenever possible, usage of elevators should be prioritized for those with accessibility needs or for transporting materials.

• **Stairwells**- Occupants must adhere to all physical distancing requirement while in stairwells. Landing areas between each floor can be used to ensure physical distancing if required. Signage will be posted reminding occupants to keep to the right.

4. **Friedman Space Occupancy Restrictions**

• **Friedman Teaching Labs**
  Friedman Teaching Labs will be assigned maximum occupancy ratings (based on COVID social distancing requirements). Occupants are not to exceed these designated occupancy ratings and must use administrative measures (such as scheduling) to maximize utilization of those spaces. This will be done at the department level, among the user groups of those particular spaces. Areas /rooms that are shared by multiple user groups must be sanitized at the start, and at the end, of every usage period. See section on “Sanitization of surfaces”.

• **Physical Therapy and Research Clinic (PTRC)**
  The PTRC will operate under the guidelines for resuming Physical Therapy services set out by the College of Physical Therapist of British Columbia and BCCDC’s *Infection Prevention and Control for COVID-19: Interim Guidance for Outpatient and Ambulatory Care Settings*. The maximum occupancy of this space is restricted to 11 people (1 person/40ft2). A plexiglass screen will be located at the reception desk and all furniture and high touch areas in the reception area will be regularly cleaned. See section on “Sanitization of surfaces”.

  Staff, students and clients are now required to directly confirm with a PTRC representative that they have completed a daily self-assessment for symptoms of COVID-19 at [https://bc.thrive.health/](https://bc.thrive.health/) on arrival at the clinic. A PTRC staff member will track confirmations in the online booking software, Jane.

  The clinic will use scheduling to minimize overlap of clients arriving and departing. Clients will be asked not to arrive early nor wait in reception.

• **Offices & open concept workstations**
  As per University and provincial directives, work that can be done remotely (i.e. from home) should continue to be done remotely. As a result, the use of Friedman offices and open concept workstations should continue to be kept to an absolute minimum. Friedman office spaces should not exceed 1 person (at a time). Offices and workstations that are shared in any fashion should be sanitized at the start, and at the end, of every usage period. See section on “Sanitization of surfaces”.

• **Meeting Rooms**
Meeting rooms will not be used to hold meetings of any kind. In keeping with UBC directive face-to-face meetings are discouraged and should be avoided whenever possible (until post-pandemic normalization). Virtual meetings should be arranged whenever possible.

- **Common kitchens, staff or student lounges**
  These areas are not to be used to hold meetings but will remain open so occupants can use the fridge, microwave, sink and garbage. Occupants using these areas must strictly adhere to social distancing requirements and stay more than 2 metres from one another. Whenever possible, occupants are encouraged to bring food that is properly contained and ready to eat without the need for refrigeration, heating, or preparation in common kitchens. Occupants are encouraged to wash their hands before and after the use of any kitchen equipment.
  There should be no sharing of kitchen dishware/utensils.
  Water fountains will be closed for use.
  Occupants are encouraged to eat or take breaks outside if the weather permits.
  Dishes and utensils may be cleaned and sanitized in a dishwasher with a hot rinse cycle or washed with hot soapy water.

- **Washrooms**
  Occupants using washrooms must strictly adhere to social distancing requirements and stay more than 2 metres from one another.
  Multiple occupant-rated washrooms are restricted to a maximum of two occupants (at one time).

- **Breakout Rooms**
  Student Breakout rooms will be closed to any unscheduled educational activities. During scheduled activities the occupancy of these rooms is restricted to a maximum of two occupants. Occupants using breakout rooms must strictly adhere to social distancing requirements and stay more than 2 metres from one another whenever possible.

- **Lobbies/Reception Areas**
  Occupants using these spaces must strictly adhere to social distancing requirements and stay more than 2 metres from one another. Occupants are encouraged to take breaks or wait outside the building rather than in the lobby areas if the weather permits.
  Departments within Friedman will use scheduling to minimise the number of occupants arriving and departing at the same time.

- **Lecture Theatre**
  The Friedman Lecture Theatre will remain closed as lecture-based coursework will be delivered in an online/remote format.

- **Mail Room/Printer Rooms**
  The maximum occupancy of these rooms is set to one occupant. Occupants are encouraged where ever possible to use digital versions of documents and paperwork to
avoid using the printer. Occupants are encouraged to wash their hands before and after the use of any mailroom/printer room equipment.

5. Meetings

According to University directives, face-to-face meetings are discouraged and should be avoided whenever possible (until post-pandemic normalization). Virtual meetings should be arranged whenever possible. Meetings or training sessions deemed essential may need to occur. In such cases, social distancing requirements and all Friedman space-use restrictions must be strictly observed. Please refer to https://riskmanagement.sites.olt.ubc.ca/files/2020/04/Guidelines-for-Meetings-Trainings-FINAL.pdf

6. Handwashing/Sanitizing Stations

As per health authority recommendations, the best protection is provided by washing hands with soap and water for 20 seconds at a time. All Friedman teaching labs, kitchen areas, and washrooms are equipped with sinks and soap dispensers. Please wash your hands to protect yourself, and others, especially before and after touching surfaces that are difficult to sanitize or are frequently touched.

Hand sanitizer dispensing stations will be located inside the main Friedman entrances. As well as the entrances to the Friedman teaching labs and the Physical Therapy and Research Clinic. Custodial Services will refill the dispensers at building entrances regularly. If you notice a dispenser is empty, you can note the time and location and place a trouble call via 604.822.2173. Administrative staff will refill the sanitising stations inside teaching labs and the PTRC.

7. Daily Cleaning

Building Operations will clean the Friedman building once per day including common areas, high touch points, washrooms, lunchrooms and kitchens. Building operations continues to meet ISSA Canada and APPA Leadership in Educational Facilities cleaning standards for COVID-19. Building operations will ensure washrooms, hand-washing stations, and sanitization stations at the building entrances are stocked with needed materials.

Building Operations will not be cleaning areas of the building that remain occupied when they arrive to clean. If any building operations workers need to attend to your area, please vacate to ensure the safety needs of these workers can be met and that the building can be serviced appropriately.
8. Sanitization of Surfaces

Building Operations will not use cleaning product on lab counters, and as is the normal practice, will not clean any lab equipment. Desktops and personal items will not be cleaned by Building Operations. We encourage individuals to clean these items regularly. Commonly touched areas and shared equipment that you touch must be cleaned and disinfected when you finish working. Additionally, clean and disinfect surfaces when you start your shift, or when visibly soiled.

Public Health Agency of Canada’s biosecurity directive on SARS-CoV-2 lists disinfectants such as 10% bleach, 70% ethanol, 0.5% hydrogen peroxide, and phenolics as being effective. 70% Ethanol is available at LSI Stores. Consult SRS’s SOP on cleaning procedures for more information.

Keyboard covers that allow spray-down are highly recommended to facilitate sanitization. Follow manufacturers’ guidelines for cleaning and sanitization of electronics and other specialized pieces of equipment.

9. Personal Protective Equipment (PPE) and Non-Medical Masks

Students, faculty, staff and visitors are required to follow UBC’s COVID-19 Campus Rules when on campuses. These rules include the requirement to wear non-medical masks in common indoor spaces. Common indoor spaces include hallways, stairways, building entryways, washrooms, common areas in residences and other high-traffic areas (except as set out in an approved COVID-19 Safety Plan).

All Friedman staff will follow the requirements around mask-wearing described in the following guidance documents:

For more information, including details about exceptions, please refer to the SRS website.

Personal protective equipment (PPE) has a role in preventing exposure to COVID-19 but must be combined with other measures to be effective. The University has produced official, university-wide guidance documents on the procurement and use of PPE during the COVID-19 pandemic.

These guidance resources are attached in Appendix 3.

All university employees and contractors in Friedman are to refer and adhere to these policies, standards, and practices.

PPE guidelines are based on the following principles:
a) Education is the cornerstone of good infection control. All participants in small group sessions will receive appropriate educational sessions.

b) Given that clinical skills sessions are with healthy participants who are to be screened and have no symptoms and all participants are wearing masks,

c) The physical barrier of a mask on every individual will be more than adequate to prevent transmission of droplets even if one of the participants has COVID-19 with no apparent symptoms.

d) Provincial guidelines for physical distancing will be adhered to wherever possible and in such cases where a 2m separation is not possible, appropriate PPE will be worn.

e) Theoretically, only surgical masks and proper hand hygiene are necessary but protective eyewear and gloves are being added in accordance with provincial guidance.

PPE provided during the above activities will be:

- Surgical/Procedural Masks- two masks for each participant for each full-day session. Masks must be changed if soiled.
- Goggles/face shields/safety glasses- BC CDC has recently updated guidelines for students participating in educational clinical skills lab sessions to remove the requirement to wear eye protection. Although not a required piece of PPE, safety glasses will still be available for student/instructor use if requested.

PPE will be obtained through UBC’s central PPE Procurement Process.

As stated above, Education is the cornerstone of good infection control. Students will be provided Hand Wash Hygiene Training based on the BC CDC Guidelines. Students will also be required to complete an online module on infection control and the use of PPE, including donning/doffing training.

After applying the Hierarchy of Controls to meet COVID-19 requirements, the following activities will require personal protective equipment:

- Clinical Skills Coursework during which students must be within 2m of each other
- Patient Care in the Physical Therapy & Research Clinic

PPE will be provided as per BC Centre for Disease Control and the Office of the Provincial Health Officer Guidelines and the UBC Faculty of Medicine.
Communications Plan

This document will be disseminated electronically to all staff and faculty of departments in the Friedman building. The contents will be reviewed with staff and instructors approved to return for in-person educational activities during a meeting with the building administrator prior to the resumption of activities.

Prior to returning to campus, all UBC community members will be required to complete an online training course (details to be provided as soon as available).

Compliance Monitoring

According to University directives, monitoring of compliance with COVID safety plans will be at the supervisor level. Friedman will continue to follow the university's accountability structure as laid out in the university safety policy.

Student activity in the building will be monitored by staff and instructors. Additionally, Friedman occupants who have concerns about compliance, or have any related questions, can contact members of their Local Safety Teams (LSTs).

Emergency Procedures

In the event of an emergency, standard Friedman emergency procedures as laid out in the Building Emergency response plan are to be followed, while adhering, as best as possible, to social distancing practices.

- Employees presenting COVID-19-like symptoms are to call UBC First Aid at 2-4444.
- Suspected positive incidents or exposure concerns are to be reported to the Supervisor.
- Further incident reporting information can be found on the SRS webpage.
- People who are unsure about what they should do should use the BC Self Assessment Tool.
- OPH Programs and Services remain available to all staff, faculty, and paid students who have questions or concerns about their health and safety in the workplace, including questions around COVID-19.
I confirm that this Safety Plan has been shared with personnel who will be accessing this space both through email and will be made available as a shared document. Staff can either provide a signature or email confirmation that they have received, read and understood the contents of the plan.

Date
Name (Manager or Supervisor)  
Title
Appendix 1- Friedman Room Projected Occupancy Levels:

<table>
<thead>
<tr>
<th>Friedman Room</th>
<th>Occupancy Level</th>
<th>Department/Program</th>
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<tbody>
<tr>
<td>Friedman 204</td>
<td>50</td>
<td>Department of Physical Therapy</td>
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<tr>
<td>Friedman 304</td>
<td>50</td>
<td>Department of Physical Therapy</td>
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<tr>
<td>Friedman 244 (PTRC)</td>
<td>11</td>
<td>Department of Physical Therapy</td>
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<tr>
<td>Friedman 2nd Floor- PT Administrative Area</td>
<td>5</td>
<td>Department of Physical Therapy</td>
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<tr>
<td>Friedman 104</td>
<td>10</td>
<td>Department of Physical Therapy</td>
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<td>Friedman 143 – SASS Student lounge</td>
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<td>School of Audiology and Speech Sciences</td>
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<td>Friedman 303</td>
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<td>Friedman 312 (breakout room)</td>
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<td>Friedman 443 – SASS Admin Area</td>
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<td>Friedman 452 – SASS Staff Room</td>
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<td>Friedman 457 – Photocopy Room</td>
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Appendix 2- Friedman Floor Plans

FIRST FLOOR PLAN

SECOND FLOOR PLAN
COVID-19 Safety Plan Resumption of Educational Activities
# Appendix 3 – Regulatory Context and Guidance Documents

1. **Federal Guidance**

2. **Provincial and Sector-Specific Guidance**
   - BC’s Restart Plan: “Next Steps to move BC through the pandemic”
   - BC COVID-19 Self Assessment Tool (New)

3. **WorkSafeBC Guidance**
   - COVID-19 and returning to safe operation - Phases 2 & 3
   - WorkSafeBC COVID-19 Safety Plan
   - WorkSafeBC: Designing Effective Barriers
   - WorkSafeBC: Entry Check for Workers
   - WorkSafeBC: Entry Check for Visitors
   - WorkSafeBC Protocol: Offices (New)
   - WorkSafeBC Protocols: Post-Secondary Education (New)

4. **UBC Guidance**
   - COVID-19 Campus Rules (New)
   - Guidelines for Preparing for Reoccupancy(New)
   - Guidelines for Safe Washroom Reoccupancy(New)
   - Space Analysis and Reoccupancy Planning Tool(New)
   - UBC Employee COVID-19 PPE Guidance
   - Ordering Critical Personal Protective Equipment
   - UBC Employee COVID-19 Use of Shared UBC Vehicles Guidance(New)
   - UBC Facilities COVID-19 website - Service Level Information
   - UBC Employees COVID-19 Essential In-person Meetings/Trainings Guidance(New)
   - Workplace Physical distancing Planning Tool and Signage Kit(New)
   - Preventing COVID-19 Infection in the Workplace training course(New)
   - UBC Cleaning Standards & Recommendations for Supplementary Cleaning(New)
   - UBC Classroom Safety Planning(New)
   - UBC Signage(New)
   - COVID-19 Safety Plan Addendum: Required Non-Medical Masks (New)